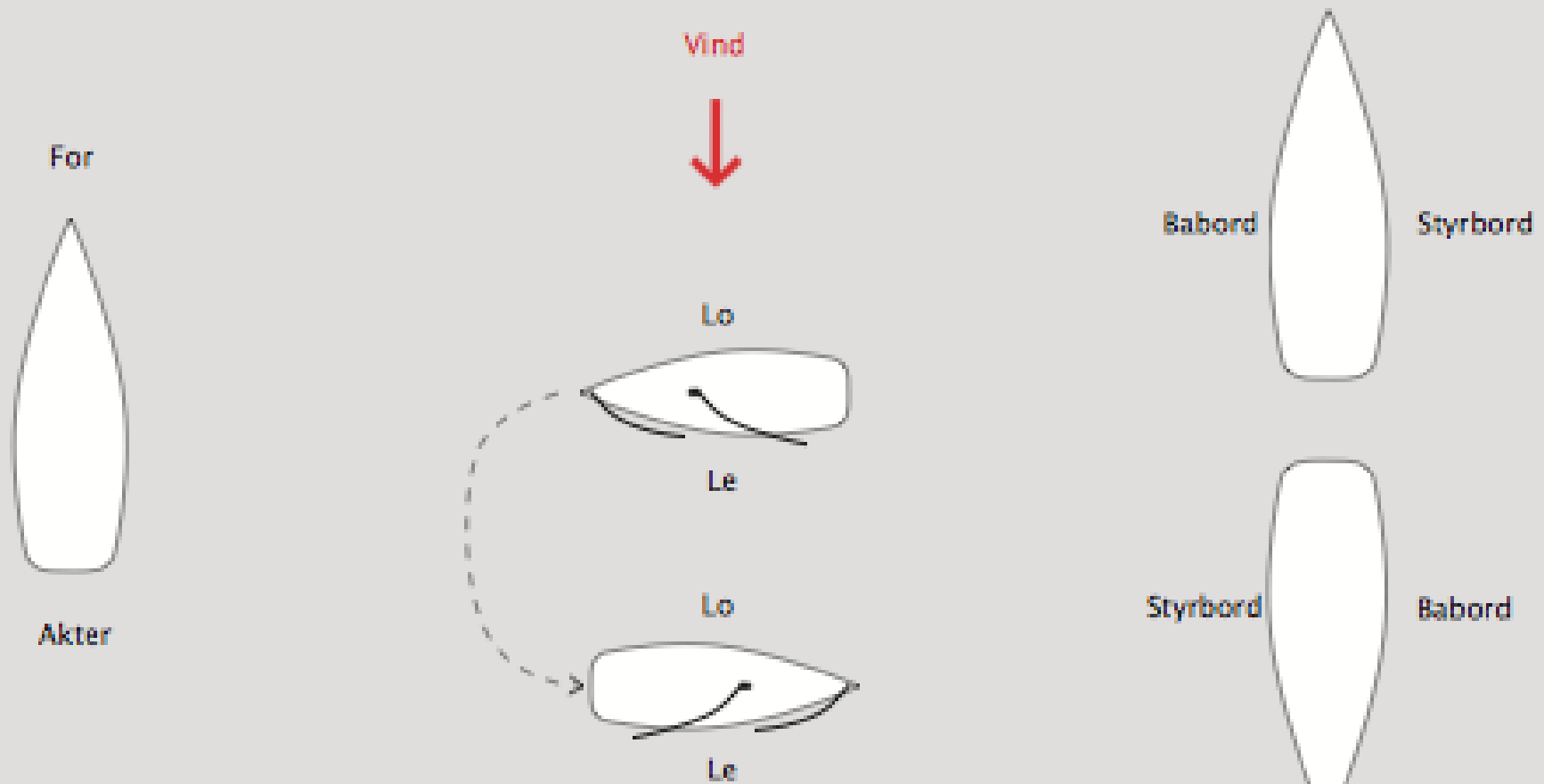


Velkommen som seiler!



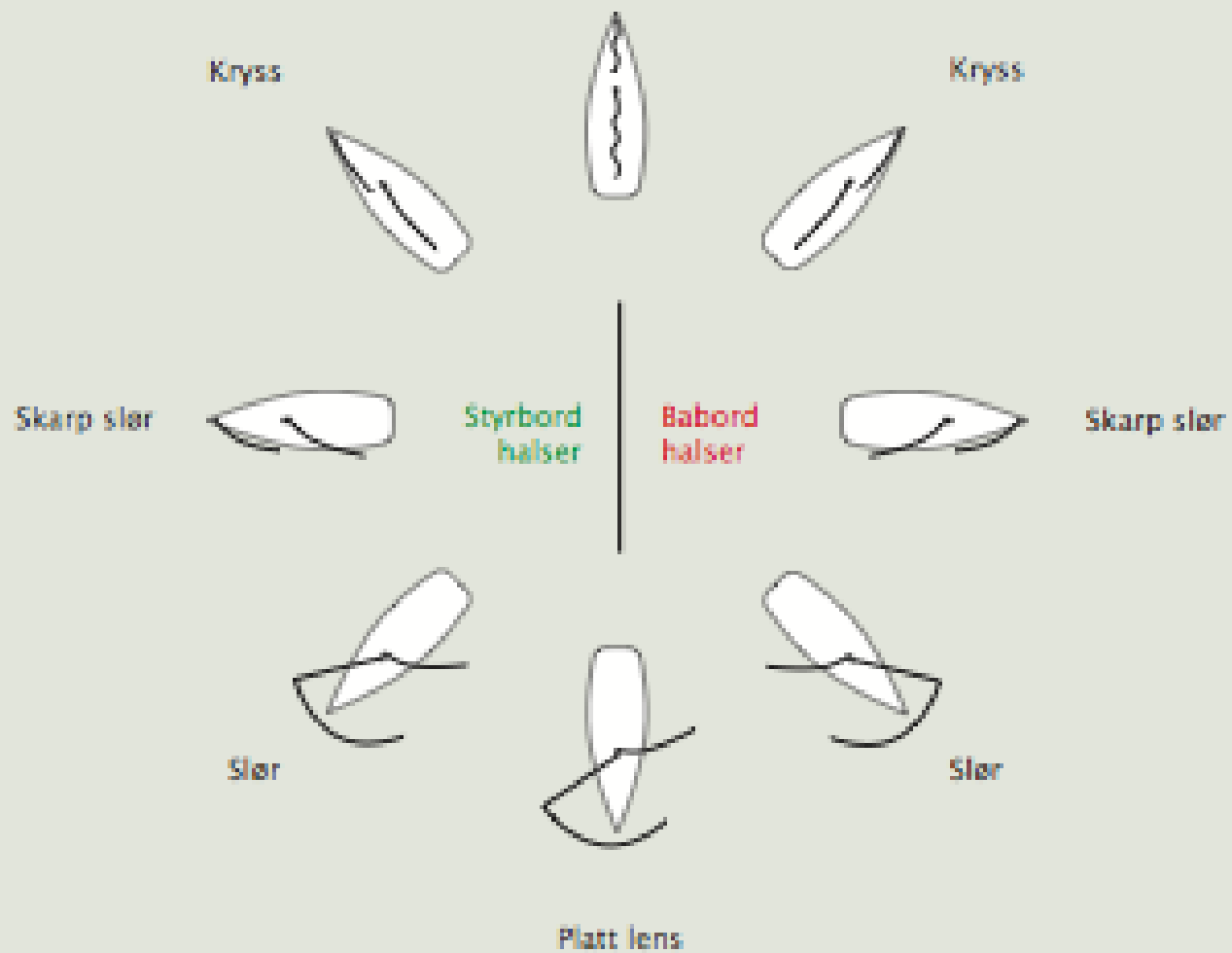
Retninger til sjøs



Vind



Vindøyet/Slag



Storseil



Fokk/Genoa



Spinnaker



Gennaker





⌘ Fall



⌘ Skjøter



⌘ Trimliner



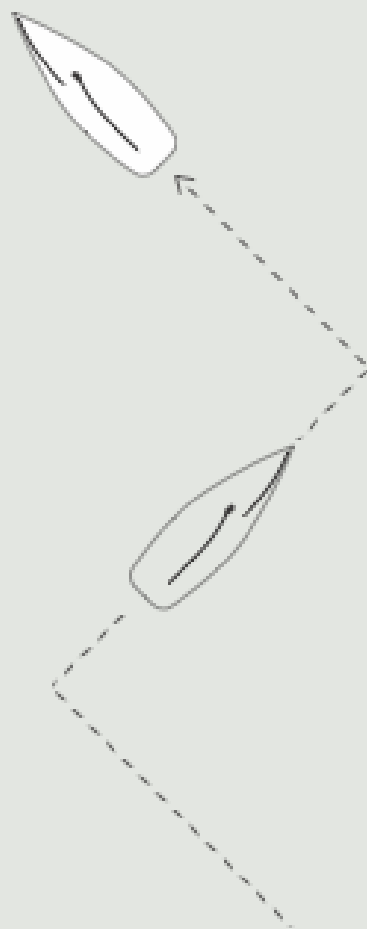
Hva gjør man?



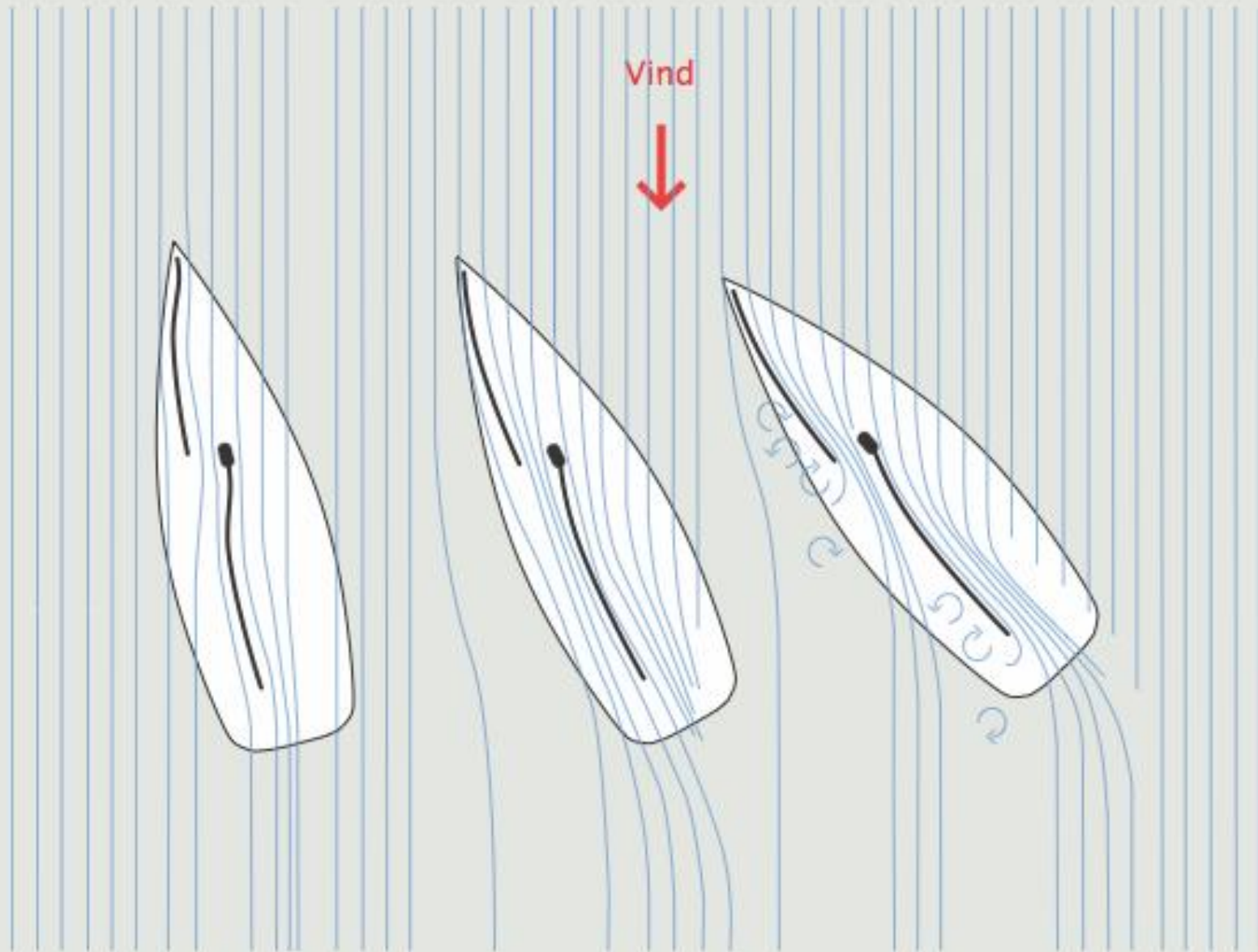
Vind



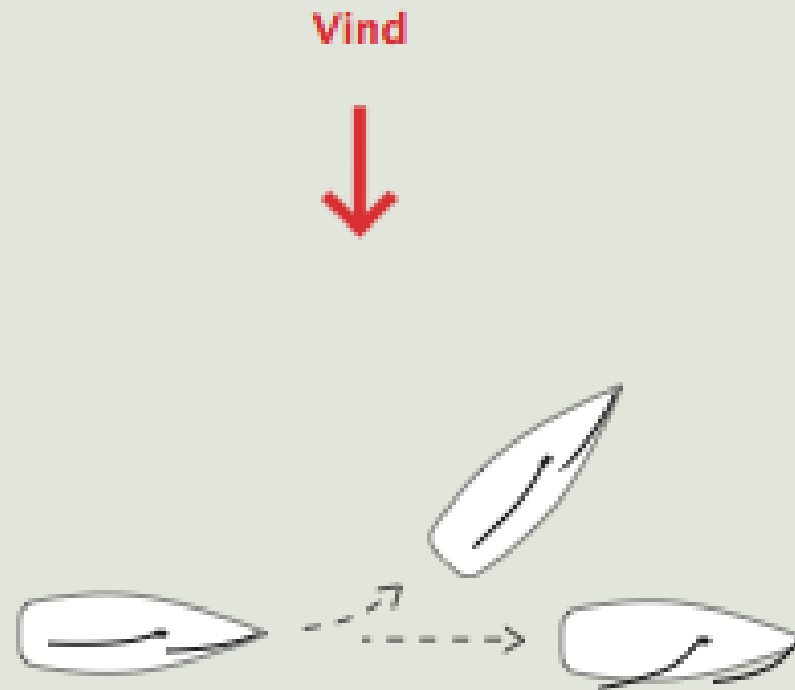
Seile mot vinden?



Kryssvinkel



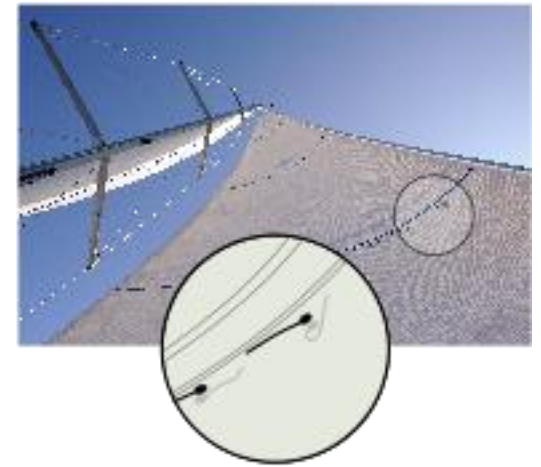
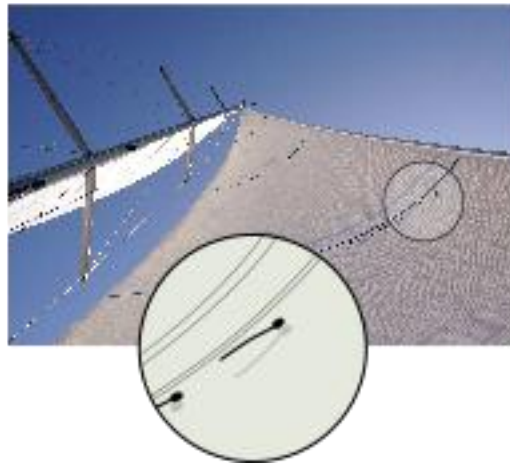
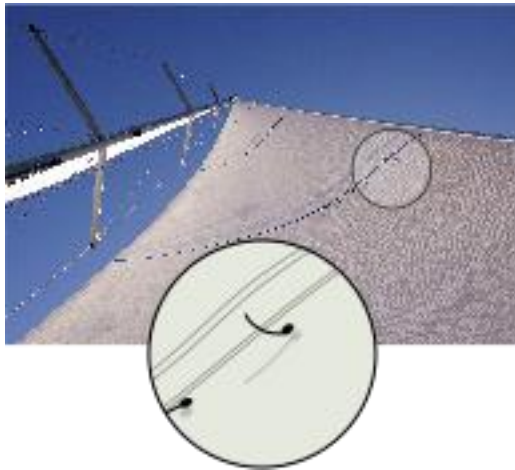
Styre eller skjøte?



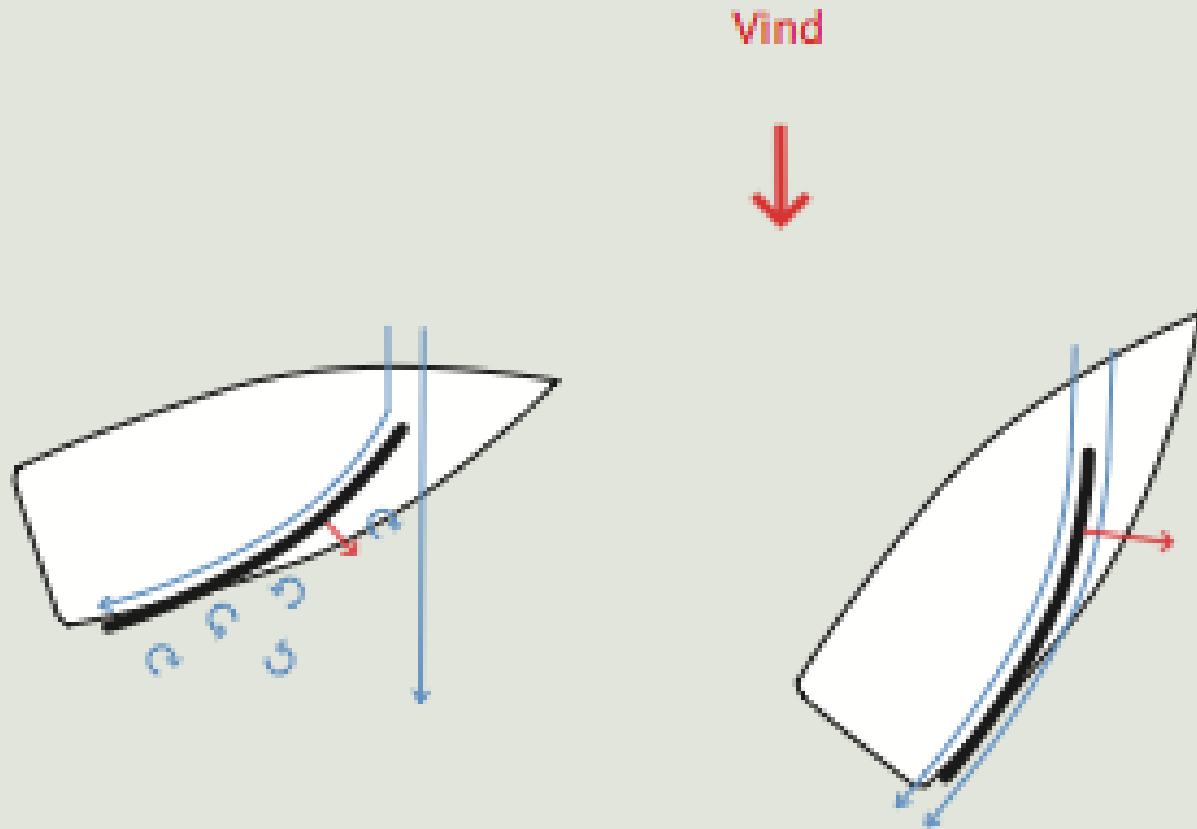
Hva er Lus?



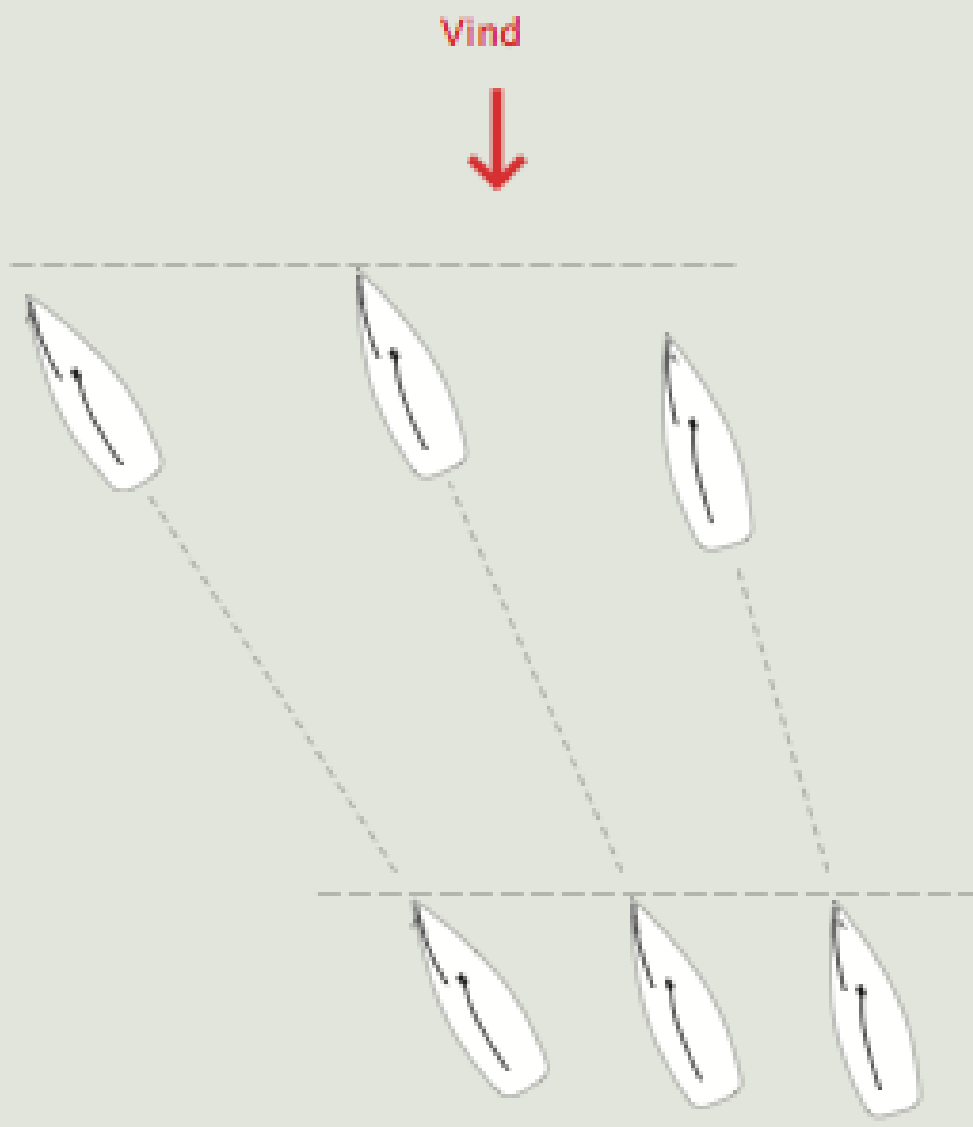
Styr etter lusene:



Laminær luftstrøm



Fart vs. høyde



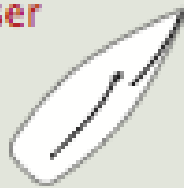
Hva heter det?



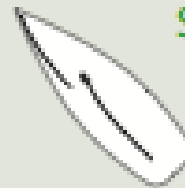
Vind



Babord halser



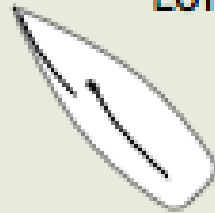
Styrbord halser



Vind



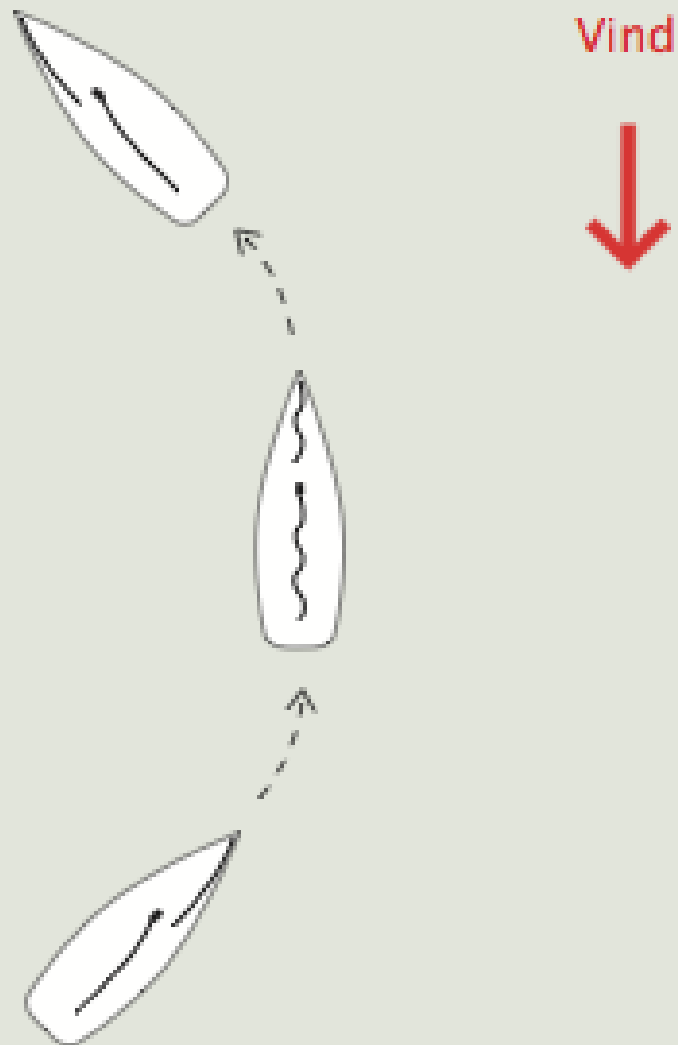
Loffe



Falle av



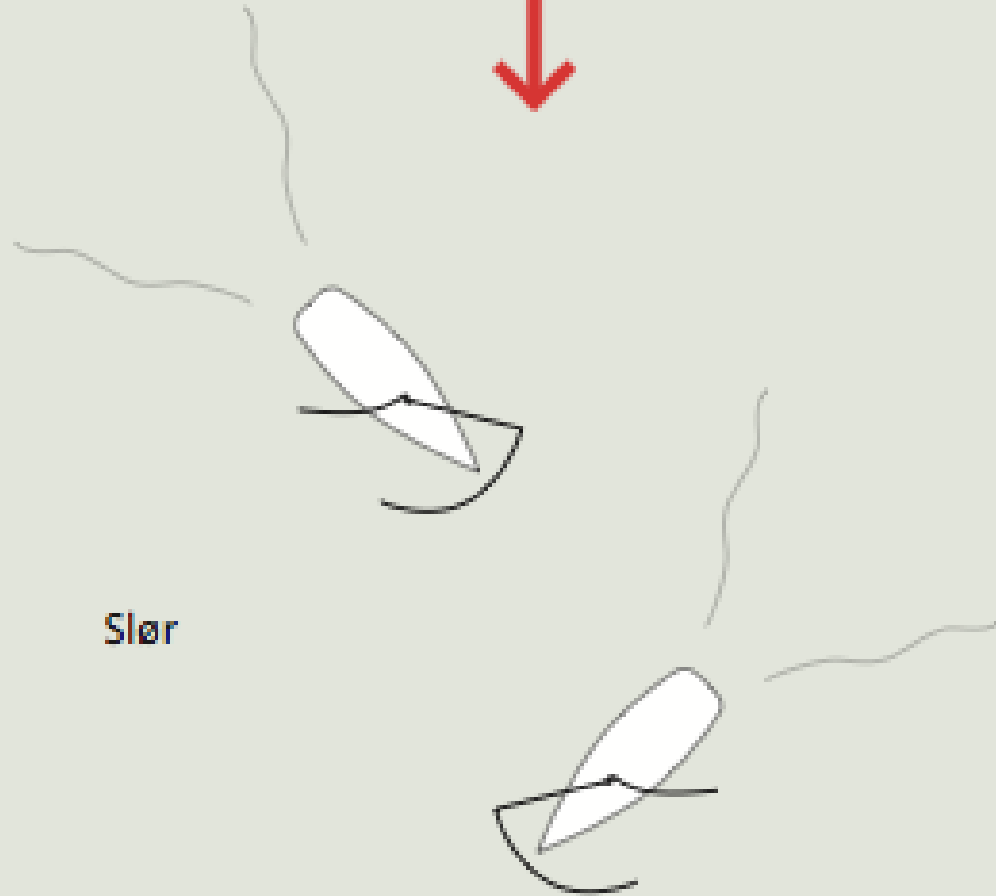
Slag



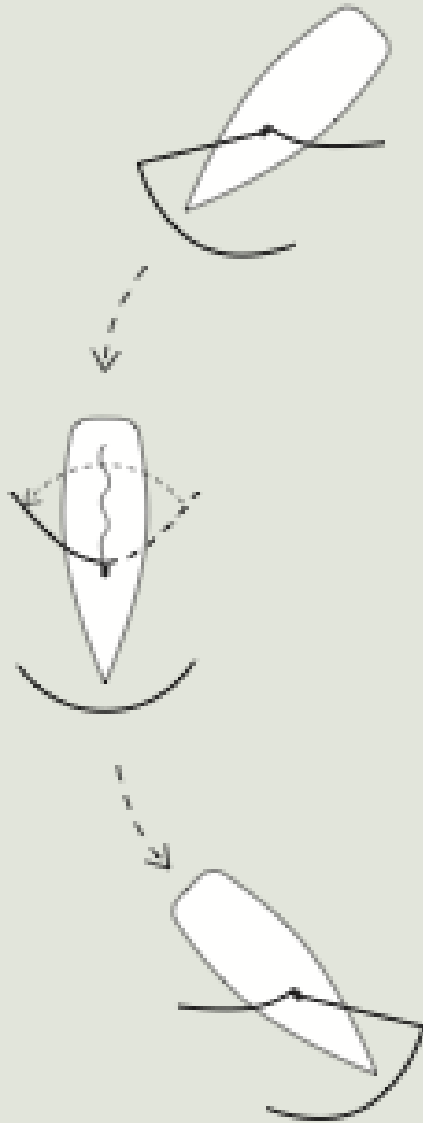
Vind



Slør



Vind



Jibb

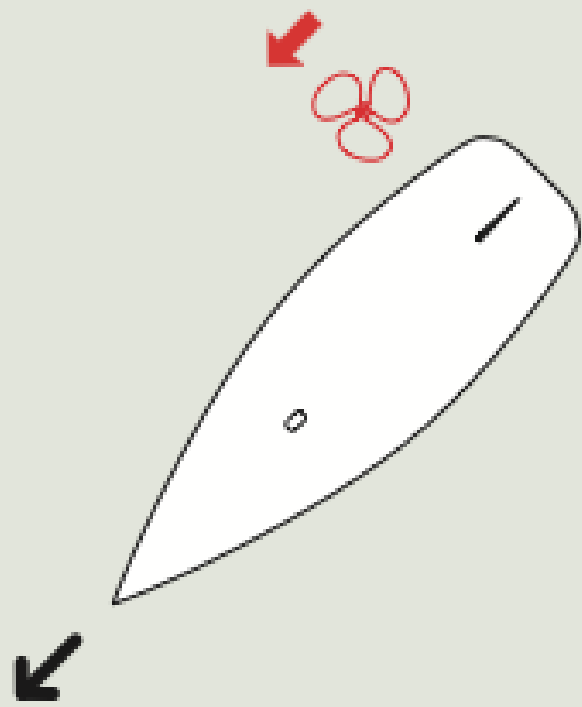
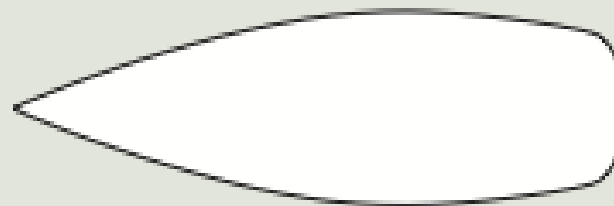
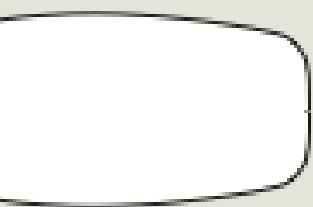


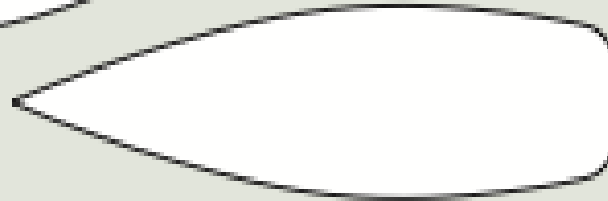
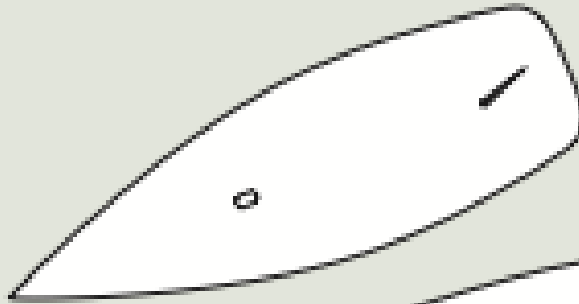
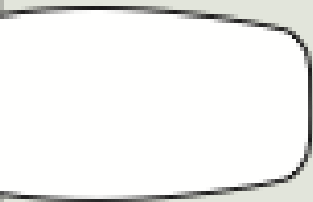
Lens

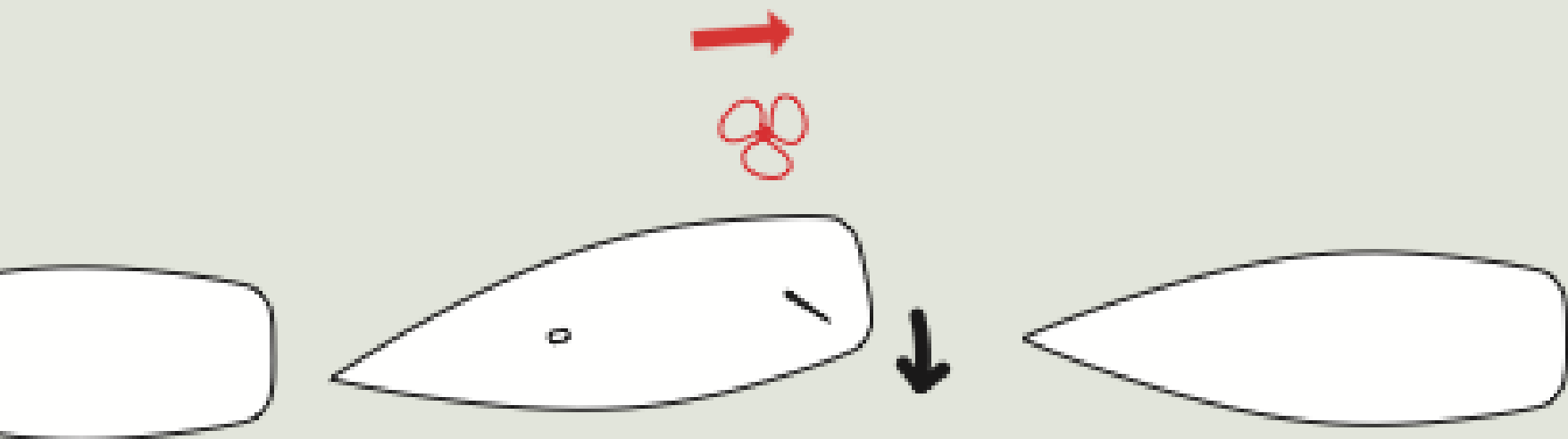


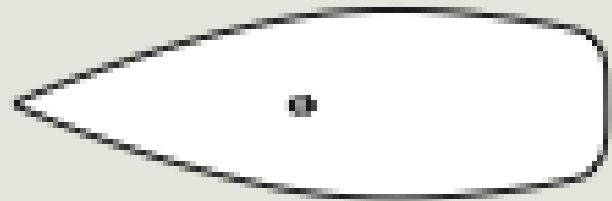
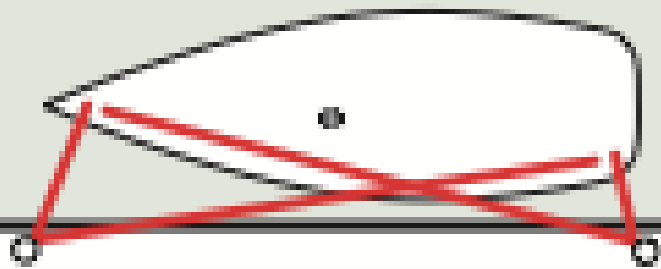
Havnemanøvrering og fortøyning





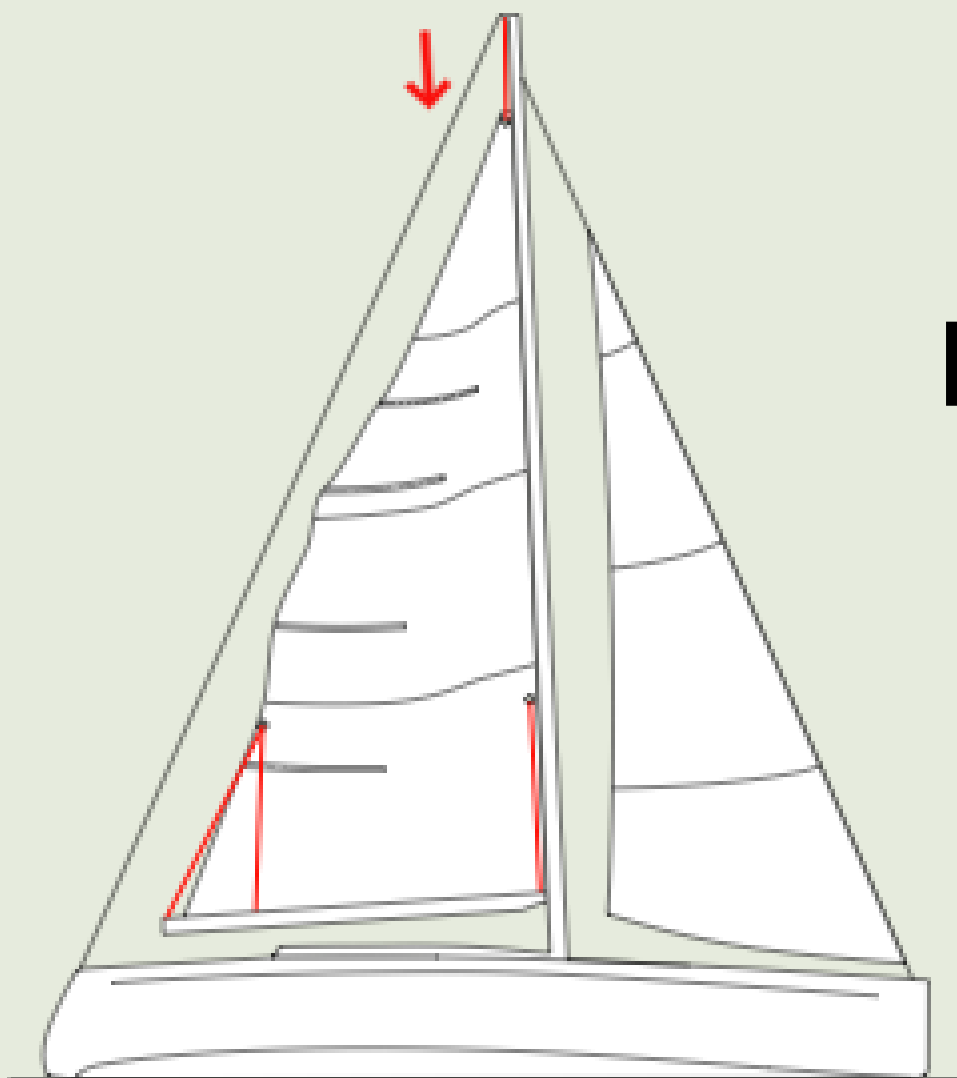






Reve storseil?

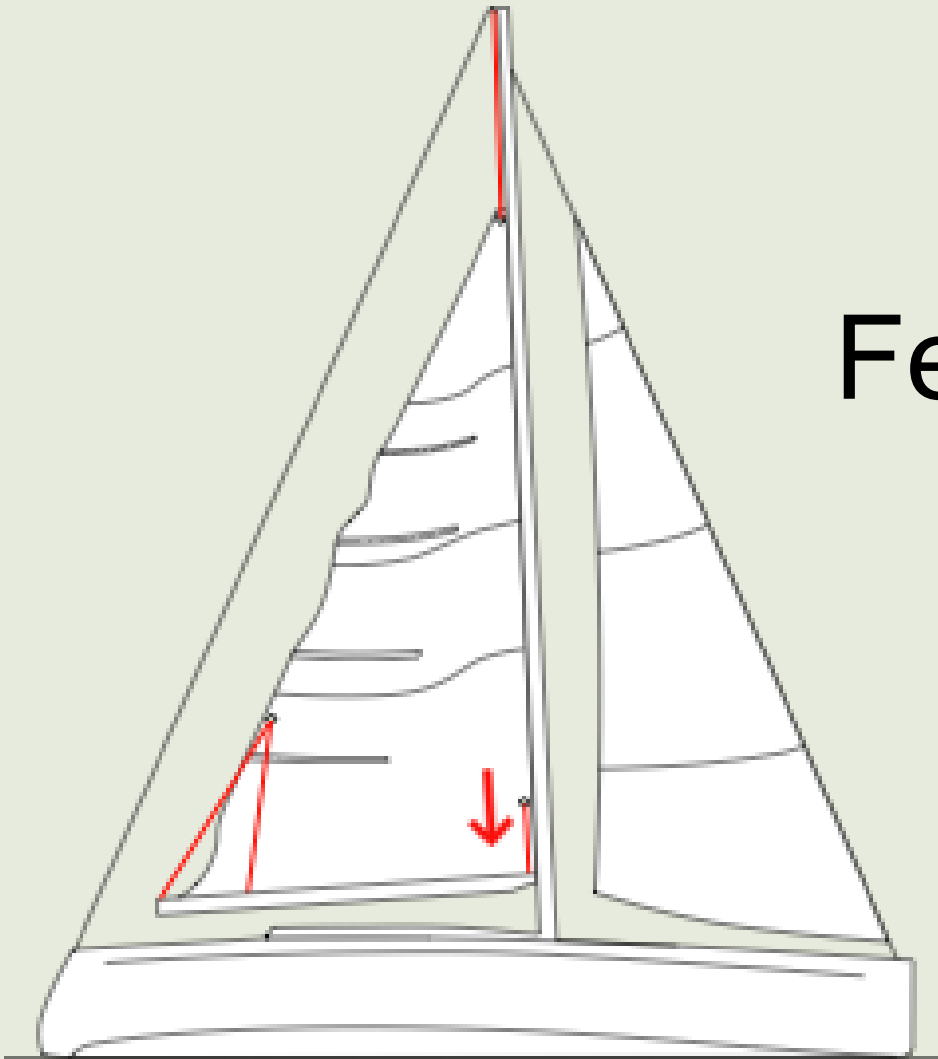




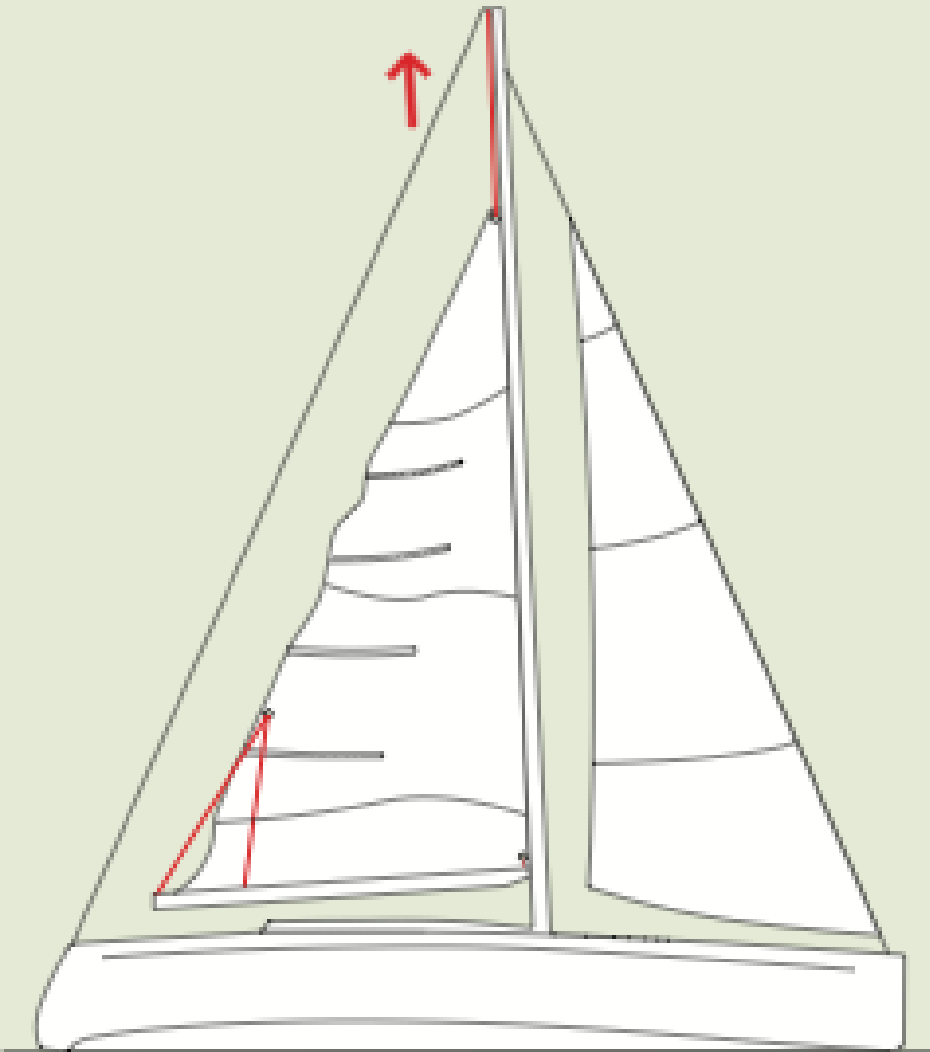
Løsne fallet



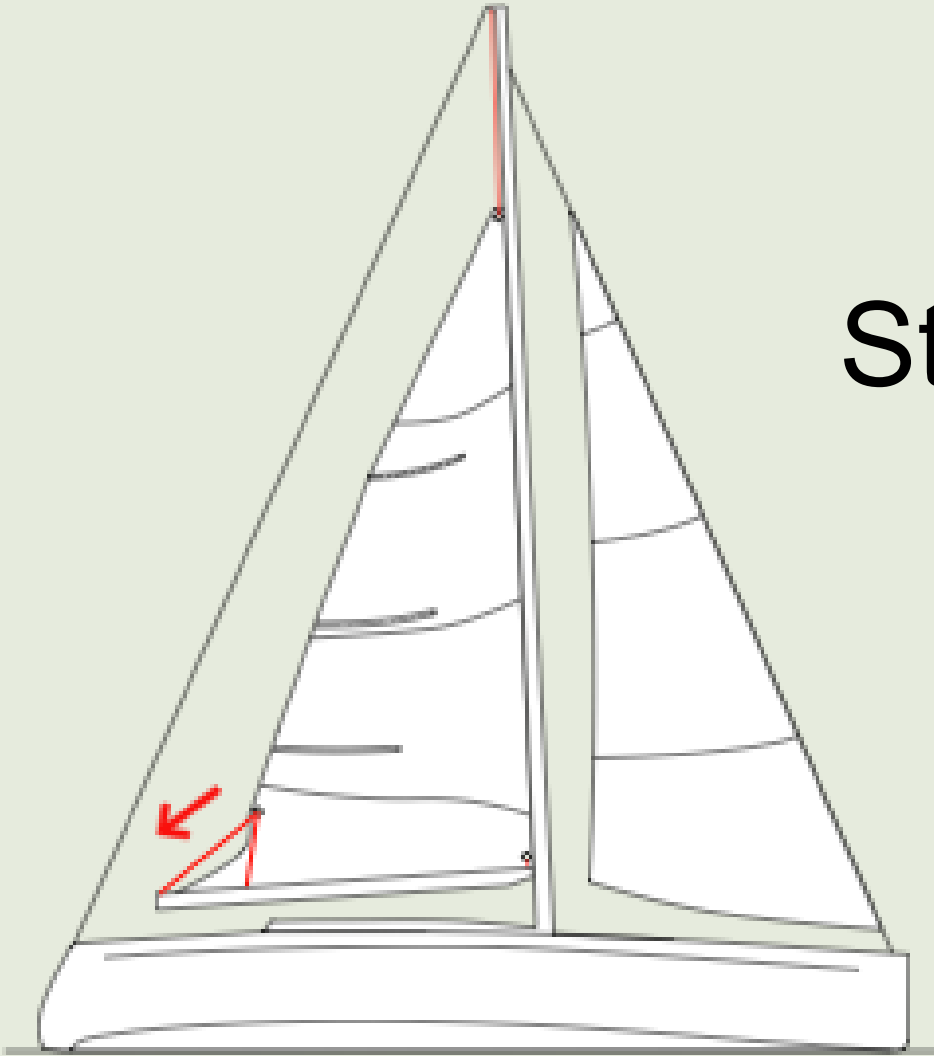
Fest revemaljen

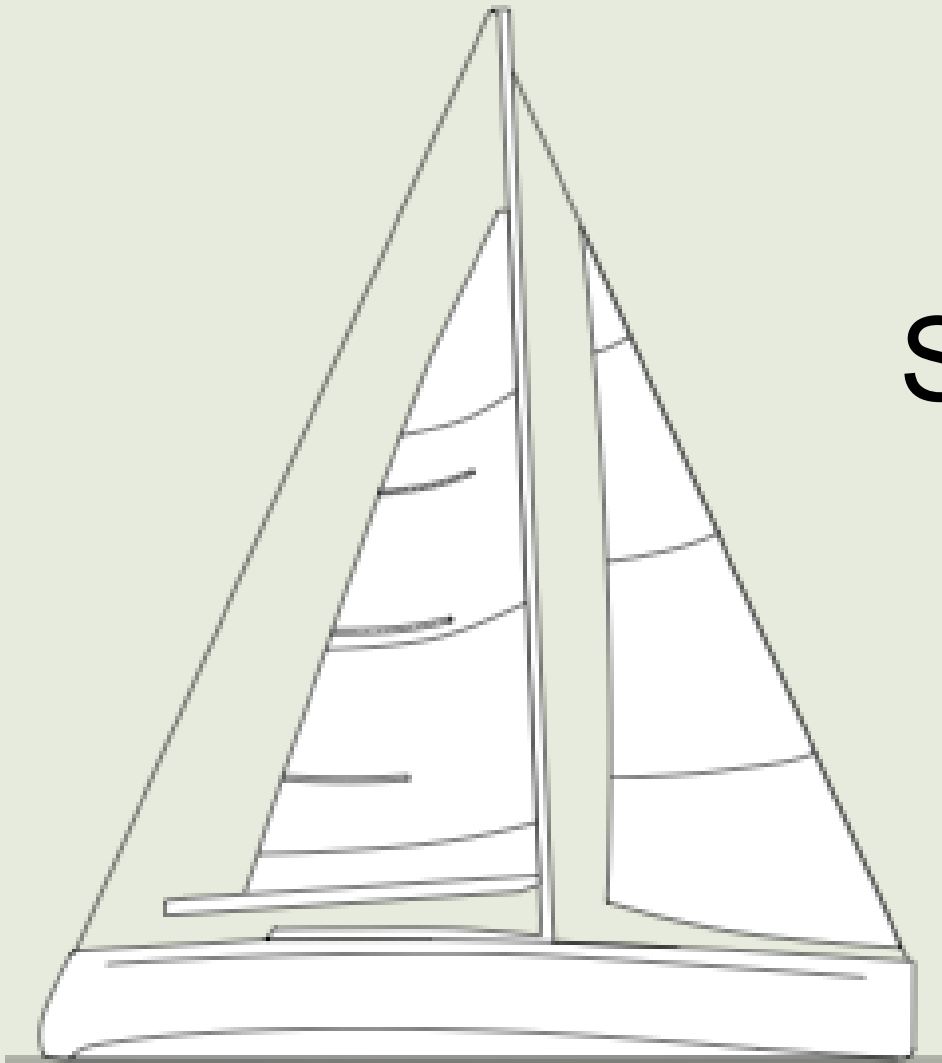


Stram fallet



Stram revelinen





Seil videre :-)





- ⊗ Ikke fall i vannet
- ⊗ Ikke få bommen i hodet



Quick stop!



Regattaseiling



Entype



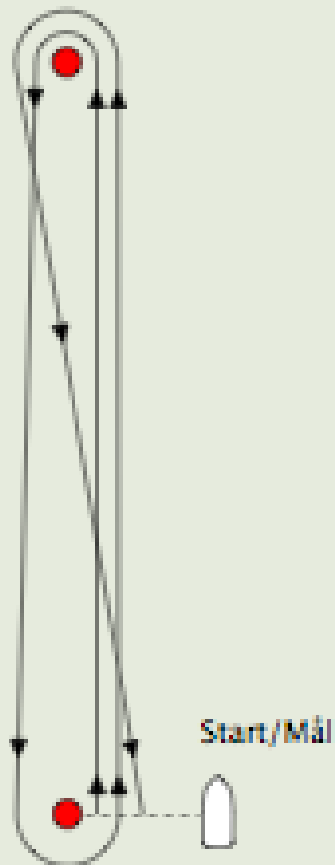
Handicap



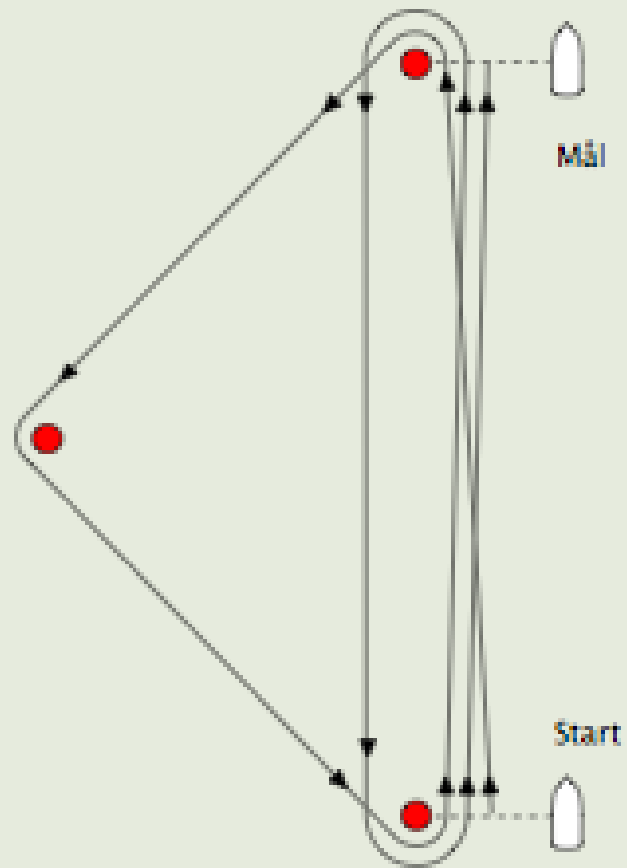
Vind



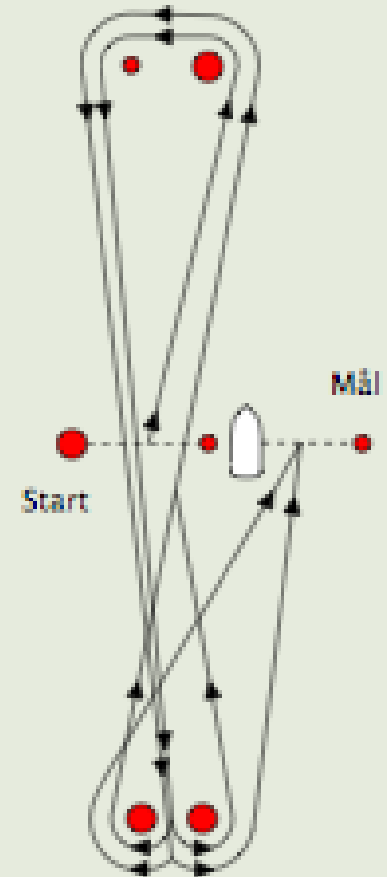
Baner



Pølsebane



Trekantbane



Pølsebane m/gate



Faste merker



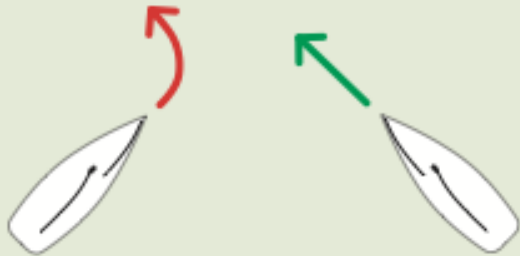
Startprosedyre





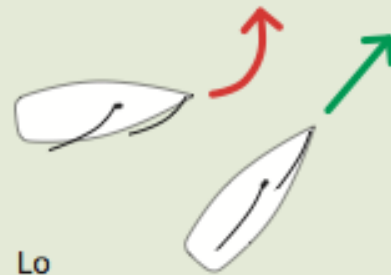
Kappseilingsreglene

Vind



Babord halser

Styrbord halser



Lo

Le



Spinnaker og gennaker



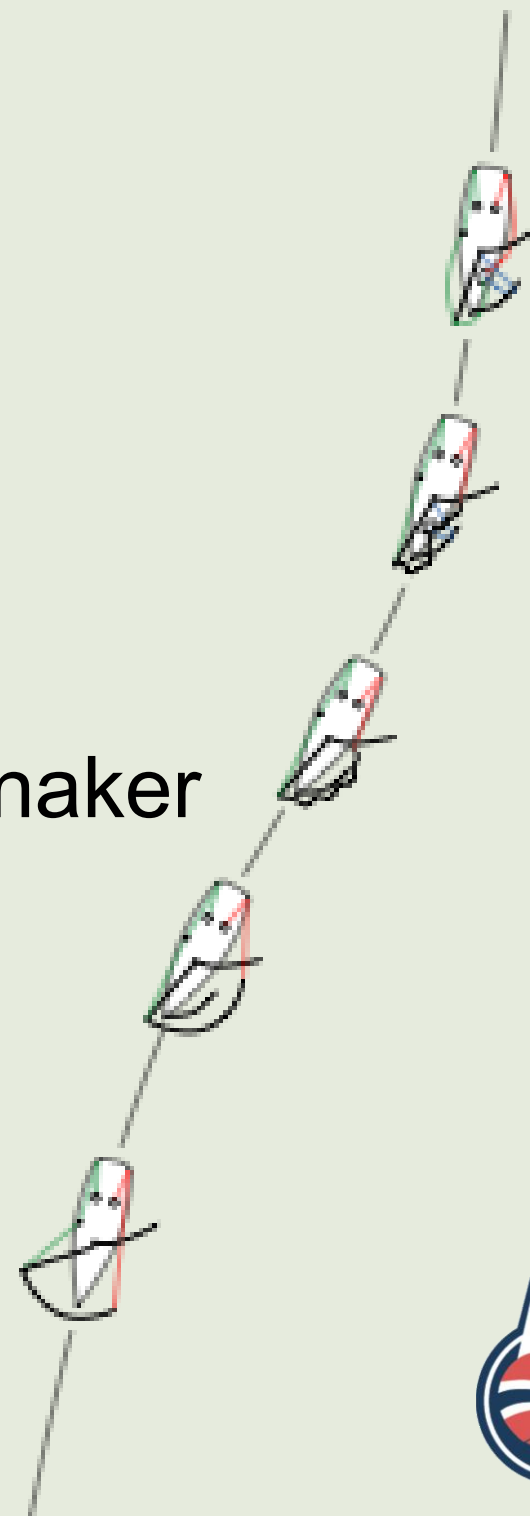
Sette gennaker



Vind



Sette spinnaker



«prøv,
spør og
bli bedre!»

